

# HOLISTIC SERVICES.

[YOGA SEARCHER]

<p><b>QUANTUM HEALING</b></p> <p>IDR 1.530.000</p>	<p>This session helps clear your mind, enhancing holiday enjoyment and fostering happiness and authenticity in your life. In a theta state, a hypnotic mode, you'll access your subconscious, connect with your inner child, clear statements, heal blockages, and gain clarity about yourself and situations, empowering your choices. It ignites clarity, peace, lightness, and creativity.</p>
<p><b>SHAMANIC REIKI</b></p> <p>IDR 2.000.000 60 MIN IDR 2.950.000 90 MIN</p>	<p>You might be struggling with chronic stress and anxiety, which often manifests as physical symptoms such as tension headaches and digestive issues. Through Reiki sessions, you may experience a deep sense of relaxation, as the energy channels within you gets cleared, allowing you a greater flow of life force energy throughout your body. Moreover, Reiki activates the body's innate healing intelligence, supporting the immune system and promoting overall well-being.</p>
<p><b>AYURVEDA CONSULTATION</b></p> <p>IDR 3.530.000</p>	<p>Drawing from the ancient wisdom of Ayurveda, I will provide you with personalised recommendations on nutrition, daily routines, Ayurvedic herbs, therapeutic treatments, aromatherapy, meditation, mantras, energetic healing practices, and the rejuvenating art of Yoga asana and much more. This genuine holistic approach aims to harmonise every aspect of your life</p>
<p><b>ENERGY BALANCING &amp; SOUND HEALING SESSION</b></p> <p>IDR 1.650.000</p> <p>IN HOUSE GUESTS ONLY</p>	<p>Experience a transformative journey as the soothing resonance of Himalayan and Crystal Singing Bowls washes over you, gently dissolving the weight of stress and anxiety. Allow yourself to return to a state of inner serenity and balance, enveloped in the healing embrace of these harmonious sounds. Let the vibrations guide you to a place of tranquility and rejuvenation, where worries fade, and peace prevails.</p>

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