

HOLISTIC SERVICES.

[YOGA SEARCHER]

QUANTUM HEALING IDR 2.000.000 90 MINUTES SESSION	<p>This session helps clear your mind, enhancing holiday enjoyment and fostering happiness and authenticity in your life.</p> <p>In a theta state, a hypnotic mode, you'll access your subconscious, connect with your inner child, clear statements, heal blockages, and gain clarity about yourself and situations, empowering your choices. It ignites clarity, peace, lightness, and creativity.</p>
HYPNOTHERAPY MONDAY TO SATURDAY FROM 10 AM TO 2 PM IDR 2.300.000 3 HOURS SESSION	<p>Hypnotherapy is a natural healing modality that works by accessing the subconscious mind to locate and remove suppressed emotions.</p> <p>It aids in reprogramming the powerful subconscious mind to overcome behavioral and psychological conditions such as phobias, anxieties, sleep and stress-related issues as well as mental health struggles like depression and anxiety.</p> <p>Depending on the depth and severity of the issue(s), several sessions might be required as the goal is to resolve the problem at the root cause.</p>
PRIVATE SOUND JOURNEY IDR 1.250.000 60 MINUTES SESSION	<p>We are constantly being vibrated on a cellular level by heard and unheard sound frequencies. Sound frequencies have a tremendous influence over our human functionality as Sound is able to touch and influence our emotions and cellular biology.</p> <p>Relax deeply with a sound journey of carefully curated vibrational instruments such as the crystal sound bowls, singing bowls and the shamanic drum. Our body's Chakras-energy centers will be balanced and brainwave states slowed into the healing alpha/theta frequency. This helps to switch the body into rest and digest mode where healing and repair is activated.</p> <p>Common outcomes are better mood, improved sleep, clearer focus, creativity and a more balanced Mind and Body.</p>

Please book at the reception 24 hours in advance

7% Tax and 10% are already included in the price.

@yogaseacherbali
www.yogaseacherbali.com
Uluwatu
Bali